

# **SHero Award**



## **REVEREND ELIZABETH "PASTOR" LIZ ABEL**

Pastor Liz is the Pastor at Cornerstone Community Church in Norwalk. She has worked hand-in-hand with the City of Norwalk to provide meals to the community during the pandemic. Further, she and her church have been an absolute resource during the crisis to assist families with basic needs. At a time when more and more people have been finding trouble just keeping up Pastor Liz has risen to the occasion

